



MIDDLE LEVEL HIGH SCHOOL LEVEL LUNCH MENU SEPTEMBER 2019



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 LABOR DAY NO SCHOOL	3 Meat Ravioli, Capri Veggies, Garlic Toast, Dessert	4 Cheese Pizza, Toss Salad, Dessert	5 Spaghetti w/Meat Sauce, Green Beans, Garlic Toast, Dessert	6 HALF DAY NO LUNCH	7
8	9 Hot Dog, w/optional Chili-Cheese, Chex Mix, Dessert	10 Mini Corn Dogs, Mac-n-Cheese, Broccoli, Dessert	11 Beans & Cheese Burrito, Spanish Rice, Toss Salad, Dessert	12 Chicken Nuggets, Mashed Potatoes, Country Gravy, Veggie, Dessert	13 Frito Pie, Sweet Corn, Dessert	14
15	16 Cheese Burger, Lettuce, Sliced Tomatoes, Chips, Dessert	17 Lasagna w/ Meat Sauce, Toss Salad, Veggie, Dessert	18 Grilled Ham & Cheese Sandwich, Chex Mixed Chips, Dessert	19 Chicken Tacos, Spanish Rice, Refried Beans, Dessert	20 Pepperoni Pizza, Baby Carrots, Dessert	21
22	23 Chicken Parmesan, Rice Pilaf, Veggie, Garlic Toast, Dessert	24 Beefy Mac-n-Cheese, Veggie, Dessert	25 Beef Steak Fingers, Mashed Potatoes, Country Gravy, Veggie, Dessert	26 Orange Chicken, White Rice, Veggie, Garlic Toast, Dessert	27 Pizza Baby Carrots, Dessert	28
29	30 Breaded Chicken Sandwich, Lettuce, Sliced Tomatoes, Potato Chips, Dessert					
<p>Student Hot Lunches or Large Salad Bar \$4.50 Choice of: 16oz Water, 2% Milk, Chocolate Milk or 16oz Tea Students may <u>not</u> charge to account with a <u>negative</u> balance over \$10.00 Menu items Subject to change at Manager's Discretion</p>						



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Salad & Fruit Bar Station: Choices include: Mixed Salad, Romaine, Black Olives, Grated Cheese, Tomato Slices, Sliced Jalapenos, Hard Boiled Eggs, and Croutons. Fruit - Watermelon, Strawberries, Cantaloupe, Honey Dew, and Grapes. **Dressing Choices:** Ranch, Italian.

A-La-Carte Station: Standard Choices - Sub-sandwiches, Cheese Burgers, Chicken Breaded Sandwich, Grilled Chicken Sandwich, Hot Wings, Pizza by the Slice, Hot Dog, Corn Dog, Egg Roll, 6" Philly Cheese Steak Sandwich, Chicken Strips, Chili Cheese Fries, and Variety Chips.

Drinks: Bottled Water, Orange Juice, Apple Juice, V8 VFusion, Jumex Fruit Drink, Gatorade or Tea (Sweet & Unsweetened).

